

# CENTRAL ARKANSAS CROSS COUNTRY CHALLENGE

Conway, AR  
 Beaverfork Lake  
 Host: Central Arkansas  
 Saturday, September 11, 2021

## MEET OFFICIALS

Meet Director:  
 Beau Theriot  
 Timing:  
 MacDonald Timing, LLC



OFFICIAL MEET REPORT  
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**Race #1**  
**MEN • 5 Kilometers (3.11 Miles)**

# Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Avg.	Spread
1 Central Arkansas	25	15:39	0:27.7
2 Arkansas-Little Rock	36	15:55	1:05.2
3 UA-Fort Smith	72	16:32	1:04.8
4 Hendrix	115	17:57	1:28.0
5 Mississippi Valley	142	19:23	3:23.3
6 Philander Smith	152	19:53	3:03.6
7 LeMoyne-Owen	204	31:15	12:15.2

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 CARDINAL, Spencer	FR	Arkansas-Little Rock	1	15:22.0	---	4:56.5	3:04.4
2 HARRINGTON, Fionn	FR	Central Arkansas	2	15:26.7	4.7	4:58.0	3:05.3
3 PAYTON, Andrew	FR	Arkansas-Little Rock	3	15:29.4	7.4	4:58.8	3:05.9
4 CAIN, Thomas	JR	Central Arkansas	4	15:30.0	8.0	4:59.0	3:06.0
5 WHALEY, Tate	JR	Central Arkansas	5	15:39.2	17.2	5:02.0	3:07.8
6 JACKSON, Parker	SO	Central Arkansas	6	15:40.7	18.7	5:02.5	3:08.1
7 SOLTMANN, Aaron	FR	Arkansas-Little Rock	7	15:53.5	31.5	5:06.6	3:10.7
8 HILL, River	FR	Central Arkansas	8	15:54.4	32.4	5:06.9	3:10.9
9 TAMURA, Christian	JR	Central Arkansas	9	15:54.6	32.6	5:06.9	3:10.9
10 HERNANDEZ, Carlos	SO	UA-Fort Smith	10	15:55.2	33.2	5:07.1	3:11.0
11 RYAN-JOHNSON, William	JR	Central Arkansas	11	15:55.3	33.3	5:07.2	3:11.1
12 JONES, James	SR	Oral Roberts	12	16:00.3	38.3	5:08.8	3:12.1
13 FREEMAN, Baron	JR	Arkansas-Pine Bluff	13	16:00.8	38.8	5:08.9	3:12.2
14 HAESSNER, Philipp	SO	Central Arkansas	14	16:07.6	45.6	5:11.1	3:13.5
15 IKING, Niklas	SO	Central Arkansas	15	16:09.0	47.0	5:11.6	3:13.8
16 APPLEWHITE, Jesse	JR	Central Arkansas	16	16:11.6	49.6	5:12.4	3:14.3
17 KIPNGETICH, Emmanuel	SR	Oral Roberts	17	16:13.5	51.5	5:13.0	3:14.7
18 ALLEN, Joel	FR	Arkansas-Little Rock	18	16:19.7	57.7	5:15.0	3:15.9
19 WARD, Dominic	FR	Arkansas-Little Rock	19	16:27.2	1:05.2	5:17.4	3:17.4
20 SALSMAN, Jackson	FR	Central Arkansas	20	16:27.3	1:05.3	5:17.5	3:17.5
21 SCHNEIDER, Simon	SO	Central Arkansas	21	16:32.6	1:10.6	5:19.2	3:18.5
22 DOUGLAS, Lawson	FR	UA-Fort Smith	22	16:33.2	1:11.2	5:19.4	3:18.6
23 GILES, Samuel	JR	UA-Fort Smith	23	16:34.4	1:12.4	5:19.7	3:18.9
24 FOSTER, Jordan	JR	UA-Fort Smith	24	16:35.3	1:13.3	5:20.0	3:19.1
25 CORDERO, Johnny	FR	Central Arkansas	25	16:50.9	1:28.9	5:25.0	3:22.2
26 BORCHERT, Brett	JR	Central Arkansas	26	16:53.4	1:31.4	5:25.9	3:22.7
27 MAXWELL, Corey	JR	UA-Fort Smith	27	17:00.0	1:38.0	5:28.0	3:24.0
28 MOUSSA, Hayden	FR	Hendrix	28	17:03.4	1:41.4	5:29.1	3:24.7
29 JOHNSON, Terrance	FR	Arkansas-Pine Bluff	29	17:08.6	1:46.6	5:30.7	3:25.7
30 ROP, Stanley	SR	Mississippi Valley	30	17:12.9	1:50.9	5:32.1	3:26.6
31 BLEDSOE, Luke	FR	UA-Fort Smith	31	17:18.9	1:56.9	5:34.1	3:27.8
32 WILLIAMS, Rio	FR	Arkansas-Pine Bluff	32	17:31.3	2:09.3	5:38.0	3:30.3
33 MCVOY, Connor	JR	UA-Fort Smith	33	17:35.5	2:13.5	5:39.4	3:31.1
34 TUEL, Eko	FR	UA-Fort Smith	34	17:37.5	2:15.5	5:40.0	3:31.5
35 EMERSON, Tanner	SO	Unattached	35	17:44.5	2:22.5	5:42.3	3:32.9

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# Final Results

## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
36 WEATHERTON, Cade	JR	UA-Fort Smith	-	17:47.4	2:25.4	5:43.2	3:33.5
37 FIBICH, Michael	SR	Hendrix	22	17:48.7	2:26.7	5:43.6	3:33.7
38 MERRITT, Desmond	SO	Philander Smith	23	17:52.0	2:30.0	5:44.7	3:34.4
39 BRESNER, Austin		Central Arkansas		17:52.7	2:30.7	5:44.9	3:34.5
40 SKYRME, Storm	SO	Hendrix	24	17:59.7	2:37.7	5:47.2	3:35.9
41 MILLER, Michael	SR	Hendrix	25	18:17.9	2:55.9	5:53.0	3:39.6
42 GONZALES, Nathaniel	JR	UA-Fort Smith	-	18:20.6	2:58.6	5:53.9	3:40.1
43 LONGMIRE, Ryan	FR	Arkansas-Pine Bluff	-	18:20.6	2:58.6	5:53.9	3:40.1
44 FORREST, Reece	SO	Hendrix	26	18:31.4	3:09.4	5:57.4	3:42.3
45 STEPHENS, Kian	FR	Hendrix	(27)	18:37.2	3:15.2	5:59.2	3:43.4
46 COOPER, Justin	JR	Mississippi Valley	28	18:37.3	3:15.3	5:59.3	3:43.5
47 TOMPSON, Tomas	FR	Central Arkansas	115	18:43.1	3:21.1	6:01.1	3:44.6
48 SEATON, Tristan	FR	UA-Fort Smith	162	19:27.5	4:05.5	6:15.4	3:53.5
49 HOLLAND, Justin	FR	Philander Smith	204	19:27.5	4:05.5	6:15.4	3:53.5
50 BELL, Jacob	JR	Mississippi Valley	Team 30	20:04.0	4:42.0	6:27.1	4:00.8
51 MILLET, Isaiah	SO	Philander Smith	FR 31	20:14.1	4:52.1	6:30.4	4:02.8
52 CHANDLER, Chad	SR	Mississippi Valley	FR 32	20:24.1	5:02.1	6:33.6	4:04.8
53 FRANCOIS, Bob	JR	Mississippi Valley	FR 33	20:36.2	5:14.2	6:37.5	4:07.2
54 ELAMIN, Hassan	JR	Philander Smith	FR 34	20:51.9	5:29.9	6:42.5	4:10.4
55 FLOOD, Miles	JR	Philander Smith	FR 35	20:55.6	5:33.6	6:43.7	4:11.1
56 MCANALLY, Ashton	SR	Hendrix	SR (36)	21:01.6	5:39.6	6:45.7	4:12.3
57 WILLIAMS, Jahsir	SO	Philander Smith	SO (37)	21:43.5	6:21.5	6:59.1	4:20.7
58 MAXWELL, Charles	FR	LeMoyne-Owen	JR 38	21:45.0	6:23.0	6:59.6	4:21.0
59 KENDRICK, Jaylen	SO	Mississippi Valley	FR (39)	24:04.0	8:42.0	7:44.3	4:48.8
60 ANDERSON, Andrew	JR	LeMoyne-Owen	FR 40	33:06.5	17:44.5	10:38.7	6:37.3
61 WILSON, Gjerard	SO	LeMoyne-Owen	FR 41	33:18.9	17:56.9	10:42.7	6:39.8
62 SHEPHERD, Tariq	FR	LeMoyne-Owen	FR 42	34:00.0	18:38.0	10:55.9	6:48.0
63 ONYEALA, Malik	FR	LeMoyne-Owen	FR 43	34:00.2	18:38.2	10:56.0	6:48.0

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**Race #2**  
**WOMEN • 5 Kilometers (3.11 Miles)**

# Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Avg.	Spread
1 Central Arkansas	21	18:53	0:55.7
2 Arkansas-Little Rock	51	19:47	1:56.6
3 UA-Fort Smith	70	20:31	2:31.5
4 Oral Roberts	117	23:12	7:09.3
5 Arkansas-Pine Bluff	143	24:03	4:34.3
6 Hendrix	157	25:26	8:52.9
7 Mississippi Valley	167	26:16	6:55.5
8 LeMoyne-Owen	215	33:57	0:52.9

## INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 STEIMEL, Sara	SO	Central Arkansas	1	18:14.6	---	5:52.0	3:38.9
2 SAHEIB, Felisa	FR	Central Arkansas	2	18:49.8	35.2	6:03.3	3:46.0
3 LAZAROU, Panagiota	FR	Arkansas-Little Roc	3	18:55.3	40.7	6:05.0	3:47.1
4 YOUNG, Kandace	SR	UA-Fort Smith	4	18:56.8	42.2	6:05.5	3:47.4
5 SCHMIDT, Marie	SO	Central Arkansas	5	19:00.5	45.9	6:06.7	3:48.1
6 SELPH, Emma	FR	Central Arkansas	6	19:08.3	53.7	6:09.2	3:49.7
7 BOMMES, Anna	SO	Central Arkansas	7	19:10.3	55.7	6:09.9	3:50.1
8 BOSTIAN, Bekah	SO	Central Arkansas	(8)	19:16.6	1:02.0	6:11.9	3:51.3
9 CRONIN, Bailey	SR	Arkansas-Little Roc	9	19:17.1	1:02.5	6:12.1	3:51.4
10 HUTCHESON, Lindsey	SR	Arkansas-Little Roc	10	19:24.6	1:10.0	6:14.5	3:52.9
11 NACHTIGAL, Ali	FR	Central Arkansas	(11)	19:31.7	1:17.1	6:16.8	3:54.3
12 LUNDSTROM, Megan	FR	Oral Roberts	12	19:42.9	1:28.3	6:20.4	3:56.6
13 MEEK, Sarah	JR	Central Arkansas	-	19:44.6	1:30.0	6:20.9	3:56.9
14 BAER, Jewel	FR	Central Arkansas	-	19:48.3	1:33.7	6:22.1	3:57.7
15 TIMMERMAN, Kennedy	JR	Central Arkansas	-	19:49.8	1:35.2	6:22.6	3:58.0
16 LEBLANC, Payton	SO	Unattached	-	20:16.5	2:01.9	6:31.2	4:03.3
17 FINNESTAD, Keila	FR	Arkansas-Little Roc	13	20:25.5	2:10.9	6:34.1	4:05.1
18 SOSA, Kari	JR	UA-Fort Smith	14	20:28.0	2:13.4	6:34.9	4:05.6
19 FERGUSON, Joyce	FR	UA-Fort Smith	15	20:36.0	2:21.4	6:37.4	4:07.2
20 GORDAN, Amanda	SO	Arkansas-Little Roc	16	20:51.9	2:37.3	6:42.5	4:10.4
21 EFURD, Quincy	FR	UA-Fort Smith	17	21:03.5	2:48.9	6:46.3	4:12.7
22 KUCHEM, Colleen	JR	Oral Roberts	18	21:13.5	2:58.9	6:49.5	4:14.7
23 FLOYD, Ashlyn	FR	Central Arkansas	-	21:14.1	2:59.5	6:49.7	4:14.8
24 LIVINGSTON, Abigail	SR	Unattached	-	21:17.8	3:03.2	6:50.9	4:15.6
25 BAKER, Erika	FR	Oral Roberts	19	21:22.9	3:08.3	6:52.5	4:16.6
26 BYERS, Aubrey	FR	UA-Fort Smith	20	21:28.3	3:13.7	6:54.2	4:17.7
27 THOMPSON, Megan	JR	UA-Fort Smith	(21)	21:35.4	3:20.8	6:56.5	4:19.1
28 CASTRO, Lourdes	JR	UA-Fort Smith	(22)	21:44.8	3:30.2	6:59.5	4:21.0
29 ORTEGA, Victoria	JR	Hendrix	23	21:57.9	3:43.3	7:03.8	4:23.6
30 VERA, Saylor	SO	UA-Fort Smith	-	22:06.6	3:52.0	7:06.6	4:25.3
31 ROGERS, Joanna	FR	Arkansas-Pine Bluff	24	22:12.0	3:57.4	7:08.3	4:26.4
32 MARTINEZ, Jennifer	SO	UA-Fort Smith	-	22:15.3	4:00.7	7:09.4	4:27.1
33 MEDCALF, Sara	FR	Arkansas-Pine Bluff	25	22:15.5	4:00.9	7:09.4	4:27.1
34 KIMUTAI, Alice	SR	Mississippi Valley	26	22:26.2	4:11.6	7:12.9	4:29.2

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# Final Results

## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Gap	Avg. Mile	Avg. kM
35 RAMIREZ, Tali	SR	Hendrix	27	22:34.1	4:19.5	7:15.4	4:30.8
36 BARBER, Jazmin	FR	Mississippi Valley	28	22:49.4	4:34.8	7:20.3	4:33.9
37 BLACK, Ishmia	SO	Arkansas-Pine Bluff	29	23:06.2	4:51.6	7:25.7	4:37.2
38 LEAR, Camille	SR	UA-Fort Smith	-	23:08.8	4:54.2	7:26.6	4:37.8
39 EICHELMANN, Katie	JR	UA-Fort Smith	-	23:28.2	5:13.6	7:32.8	4:41.6
40 GOMEZ, Graciela	JR	Philander Smith	-	23:35.0	5:20.4	7:35.0	4:43.0
41 SISCO, Allana	JR	Hendrix	30	23:52.9	5:38.3	7:40.7	4:46.6
42 GILMORE, Chloe	JR	UA-Fort Smith	-	24:35.2	6:20.6	7:54.3	4:55.0
43 PATTERSON, Mikiya	FR	Philander Smith	-	24:39.1	6:24.5	7:55.6	4:55.8
44 MCFARLANE, Shaunia	FR	Arkansas-Pine Bluff	31	25:50.8	7:36.2	8:18.6	5:10.2
45 GARCIA, Ariana	SO	Arkansas-Little Roc	(32)	26:07.3	7:52.7	8:24.0	5:13.5
46 ALLEN, Ayanna	JR	Philander Smith	115	17:57	1:28.0	26:19.7	8:05.1
47 VICTORIOUS, Nikki	SO	Oral Roberts	162	19:23	3:23.3	26:44.3	8:29.7
48 ROGOONANAN, Chelsea	SO	Arkansas-Pine Bluff	34	19:53	3:03.6	26:46.3	8:31.7
49 TREADWELL, Shane	SR	Oral Roberts	35	19:15	3:15.2	26:52.2	8:37.6
50 WHITE, Rickeysa	JR	Mississippi Valley	36	17:57	1:28.0	27:28.6	9:14.0
51 SANDERS, Sophie	FR	Hendrix	37	19:23	3:23.3	27:53.6	9:39.0
52 HOUSTON, Chanelle	SO	Mississippi Valley	38	15:35	1:27.7	29:12.5	10:57.9
53 WALKER, Imani	SR	Mississippi Valley	39	15:55	1:35.2	29:21.7	11:07.1
54 ELORZA, Yaraseth	SR	Hendrix	40	16:16	1:43.9	30:50.8	12:36.2
55 THOMPSON, Heaven	SO	LeMoyne-Owen	41	17:57	1:28.0	33:32.5	15:17.9
56 FREEMAN, Tya	SO	LeMoyne-Owen	42	18:00	1:31.6	33:49.5	15:34.9
57 MYERS, Jess	FR	LeMoyne-Owen	43	18:00	1:31.6	33:57.3	15:42.7
58 HOWELL, Diamond	FR	LeMoyne-Owen	44	18:27	1:52.2	33:57.6	15:43.0
59 KNIGHT, Kamryn	FR	LeMoyne-Owen	45	18:27	1:52.2	34:25.4	16:10.8
21 SCHNEIDER, Simon	SO	Central Arkansas	-	16:32.6	1:10.8	5:19.2	3:18.5
22 DOUGLAS, Lawson	FR	UA-Fort Smith	14	16:33.2	1:11.2	5:19.4	3:18.6
23 GILES, Samuel	JR	UA-Fort Smith	15	16:34.4	1:12.4	5:19.7	3:18.9
24 FOSTER, Jordan	JR	UA-Fort Smith	16	16:35.3	1:13.3	5:20.0	3:19.1
25 CORDERO, Johnny	FR	Central Arkansas	-	16:50.9	1:28.9	5:25.0	3:22.2
26 BORCHERT, Brett	JR	Central Arkansas	-	16:53.4	1:31.4	5:25.9	3:22.7
27 MAXWELL, Corey	JR	UA-Fort Smith	17	17:00.0	1:38.0	5:28.0	3:24.0
28 MOUSSA, Hayden	FR	Hendrix	18	17:03.4	1:41.4	5:29.1	3:24.7
29 JOHNSON, Terrance	FR	Arkansas-Pine Bluff	-	17:08.6	1:46.6	5:30.7	3:25.7
30 ROP, Stanley	SR	Mississippi Valley	19	17:12.9	1:50.9	5:32.1	3:26.6
31 BLEDSOE, Luke	FR	UA-Fort Smith	(20)	17:18.9	1:56.9	5:34.1	3:27.8
32 WILLIAMS, Rio	FR	Arkansas-Pine Bluff	-	17:31.3	2:09.3	5:38.0	3:30.3
33 MCVOY, Connor	JR	UA-Fort Smith	(21)	17:35.5	2:13.5	5:39.4	3:31.1
34 TUEL, Eko	FR	UA-Fort Smith	-	17:37.5	2:15.5	5:40.0	3:31.5
35 EMERSON, Tanner	SO	Unattached	-	17:44.5	2:22.5	5:42.3	3:32.9

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