

# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

**Race #1**  
**WOMEN • 5 Kilometers (3.11 Miles)**

## Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 East Central	45	2-3-4-11-25(41)(54)	18:22	0:59.5
2 Ouachita Baptist	62	5-6-15-16-20(21)(22)	18:34	0:38.5
3 Arkansas Tech	67	10-12-13-14-18(19)(26)	18:35	0:21.5
4 Oklahoma Baptist	77	1-8-17-24-27(31)(33)	18:31	1:29.8
5 Harding	96	7-9-23-28-29(30)(32)	18:46	0:51.5
6 Southeastern Oklahoma	198	36-37-38-42-45(47)(52)	20:07	1:01.4
7 Southern Arkansas	225	35-43-46-48-53(58)(75)	20:38	1:44.4
8 Southern Nazarene	230	34-40-49-51-56(67)(71)	20:42	2:04.7
9 Northwestern Oklahoma	262	39-50-55-57-61(64)(65)	21:13	1:47.3
10 Southwestern Oklahoma	319	60-62-63-66-68(69)(70)	22:03	0:44.1
11 Henderson St.	332	44-59-72-78-79	24:27	8:22.5
12 Arkansas-Monticello	380	73-74-76-77-80	27:22	8:39.2

### INDIVIDUAL RESULTS

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~1900	~4500m
1 STRANGE, Sophia	Oklahoma Baptist	1	17:33.79	---	5:38.8	3:30.8	7:18.91	16:04.53
2 LIMATUKEI, Naomy	East Central	2	17:58.18	24.39	5:46.7	3:35.6	7:18.88	16:24.55
3 JEPKORIR, Aurelia	East Central	3	18:10.53	36.74	5:50.7	3:38.1	7:19.49	16:41.10
4 CHERUIYOT, Sheilah	East Central	4	18:12.23	38.44	5:51.2	3:38.4	7:21.00	16:41.72
5 CASH, Macie	Ouachita Baptist	5	18:12.64	38.85	5:51.3	3:38.5	7:26.04	16:46.79
6 DAVIS, Mackenzie	Ouachita Baptist	6	18:14.25	40.46	5:51.8	3:38.9	7:19.93	16:47.76
7 WASHKO, Kaylie	Harding	7	18:16.56	42.77	5:52.6	3:39.3	7:21.84	16:46.85
8 CONNELL, Mekenzie	Oklahoma Baptist	8	18:20.90	47.11	5:54.0	3:40.2	7:33.00	16:48.71
9 CHAPPELL, Jessica	Harding	9	18:21.58	47.79	5:54.2	3:40.3	7:31.13	16:50.84
10 HILL, Audrey	Arkansas Tech	10	18:24.64	50.85	5:55.2	3:40.9	7:24.95	16:53.66
11 KEMBOI, Abigail	East Central	11	18:29.64	55.85	5:56.8	3:41.9	7:21.47	16:59.07
12 MAYS, Ashlynn	Arkansas Tech	12	18:32.05	58.26	5:57.6	3:42.4	7:25.19	17:02.03
13 BOOTH, Libby	Arkansas Tech	13	18:33.43	59.64	5:58.0	3:42.7	7:25.08	17:02.70
14 MELTON, Kaelyn	Arkansas Tech	14	18:36.41	1:02.62	5:59.0	3:43.3	7:32.02	17:04.42
15 HYLKEMA, Allison	Ouachita Baptist	15	18:43.38	1:09.59	6:01.2	3:44.7	7:31.94	17:11.59
16 HOLDEN, Lucy	Ouachita Baptist	16	18:44.56	1:10.77	6:01.6	3:44.9	7:29.71	17:18.50
17 LYNCH, Olivia	Oklahoma Baptist	17	18:44.57	1:10.78	6:01.6	3:44.9	7:33.41	17:10.92
18 WEST, Felicity	Arkansas Tech	18	18:46.08	1:12.29	6:02.1	3:45.2	7:31.66	17:13.19
19 SYKORA, Mandy	Arkansas Tech	(19)	18:49.62	1:15.83	6:03.2	3:45.9	7:34.58	17:16.08
20 BREAUX, Izzi	Ouachita Baptist	20	18:51.08	1:17.29	6:03.7	3:46.2	7:34.10	17:26.57
21 KOETH, Taylor	Ouachita Baptist	(21)	18:51.30	1:17.51	6:03.8	3:46.3	7:45.52	17:21.08
22 MONK, Megan	Ouachita Baptist	(22)	18:51.81	1:18.02	6:03.9	3:46.4	7:32.02	17:19.94
23 METZGER, Abby	Harding	23	18:51.88	1:18.09	6:03.9	3:46.4	7:52.28	17:21.44
24 ROBINSON, Jade	Oklahoma Baptist	24	18:52.18	1:18.39	6:04.0	3:46.4	7:33.40	17:22.02
25 JESANG, Sharon	East Central	25	18:57.60	1:23.81	6:05.8	3:47.5	7:32.60	17:26.39
26 BESHORE, Calli	Arkansas Tech	(26)	18:58.68	1:24.89	6:06.1	3:47.7	7:23.35	17:17.87
27 MCGREGOR, Jaci	Ouachita Baptist	-	18:58.69	1:24.90	6:06.1	3:47.7	7:33.06	17:26.37
28 NACHTIGAL, Kate	Ouachita Baptist	-	19:00.73	1:26.94	6:06.8	3:48.1	7:31.54	17:30.61

# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

### Race #1 WOMEN • 5 Kilometers (3.11 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~1900	~4500m
29 HENDRIX , Shayna	Oklahoma Baptist	27	19:03.54	1:29.75	6:07.7	3:48.7	7:36.25	17:30.20
30 WINDERS, Dinah	Harding	28	19:07.59	1:33.80	6:09.0	3:49.5	7:52.22	17:31.92
31 GRAHAM, Cassidy	Harding	29	19:07.99	1:34.20	6:09.1	3:49.6	7:52.21	17:34.85
32 KNIGHT, Elise	Ouachita Baptist	-	19:08.60	1:34.81	6:09.3	3:49.7	7:32.60	17:36.24
33 PHILLIPS, Kylie	Harding	(30)	19:11.07	1:37.28	6:10.1	3:50.2	7:49.32	17:34.84
34 STANLEY, Avery	Arkansas Tech	-	19:15.39	1:41.60	6:11.5	3:51.1	7:34.74	17:38.83
35 KING, Kaylen	Oklahoma Baptist	(31)	19:19.45	1:45.66	6:12.8	3:51.9	7:48.00	17:44.31
36 BIEKER, Kaia	Harding	(32)	19:21.24	1:47.45	6:13.4	3:52.2	7:52.25	17:48.40
37 PAVLIK, Jadyn	Oklahoma Baptist	(33)	19:22.74	1:48.95	6:13.9	3:52.5	7:44.64	17:49.31
38 TAYLOR, Sabbathath	Southern Nazarene	34	19:29.86	1:56.07	6:16.2	3:54.0	7:55.73	17:51.76
39 PARKS, Josie	Harding	-	19:31.66	1:57.87	6:16.7	3:54.3	7:52.70	17:53.14
40 BEARD, Becca	Ouachita Baptist	-	19:32.05	1:58.26	6:16.9	3:54.4	7:57.45	18:03.65
41 WEAVER, Zoe	Oklahoma Baptist	-	19:35.28	2:01.49	6:17.9	3:55.1	7:54.08	18:05.69
42 CARTER, Zoe	Ouachita Baptist	-	19:36.30	2:02.51	6:18.2	3:55.3	7:44.54	18:03.40
43 KING, Noelle	Harding	-	19:39.61	2:05.82	6:19.3	3:55.9	7:55.38	18:04.08
44 WARREN, Logan	Southern Arkansas	35	19:39.64	2:05.85	6:19.3	3:55.9	7:50.87	17:59.17
45 SCHMITT, McKayla	Oklahoma Baptist	-	19:41.12	2:07.33	6:19.8	3:56.2	7:47.31	18:07.01
46 HOLMAN, Sara	Ouachita Baptist	-	19:41.94	2:08.15	6:20.0	3:56.4	7:51.83	18:04.93
47 ROWE, Madison	Southeastern Oklah	36	19:42.23	2:08.44	6:20.1	3:56.4	8:01.40	18:14.66
48 BURROW, Emmeline	Ouachita Baptist	-	19:42.61	2:08.82	6:20.3	3:56.5	7:49.23	18:06.19
49 HECHT, Ashlynn	Ouachita Baptist	-	19:48.45	2:14.66	6:22.1	3:57.7	7:47.54	18:16.53
50 LONGORIA , Alexis	Southeastern Oklah	37	19:49.25	2:15.46	6:22.4	3:57.9	7:56.11	18:12.64
51 ERIKSSON, Emelia	Ouachita Baptist	-	19:52.84	2:19.05	6:23.5	3:58.6	7:40.55	18:14.18
52 KESTERSON, Arden	Southeastern Oklah	38	19:54.71	2:20.92	6:24.2	3:58.9	8:04.87	18:16.53
53 CROUCH , Lauren	Oklahoma Baptist	-	19:55.92	2:22.13	6:24.5	3:59.2	7:49.54	18:19.38
54 MINTON, Julia	Arkansas Tech	-	19:56.20	2:22.41	6:24.6	3:59.2	7:52.51	18:16.94
55 TURPEN, Blair	Ouachita Baptist	-	20:00.05	2:26.26	6:25.9	4:00.0	7:48.57	18:22.18
56 WILLIAMS, Asia	Northwestern Oklah	39	20:04.45	2:30.66	6:27.3	4:00.9	7:59.87	18:25.84
57 JONES, Elora	Southern Nazarene	40	20:12.70	2:38.91	6:29.9	4:02.5	8:14.25	18:39.45
58 MCGUIRE, Hannah	Ouachita Baptist	-	20:13.34	2:39.55	6:30.1	4:02.7	7:56.04	18:32.28
59 HAM, Madison	East Central	(41)	20:13.87	2:40.08	6:30.3	4:02.8	7:55.30	18:36.45
60 HOEMANN, Ellie	Ouachita Baptist	-	20:15.68	2:41.89	6:30.9	4:03.1	7:56.66	18:43.01
61 VILLARD, Josie	Harding	-	20:16.38	2:42.59	6:31.1	4:03.3	8:09.23	18:38.37
62 REYES, Yazmin	Southeastern Oklah	42	20:23.40	2:49.61	6:33.4	4:04.7	7:59.44	18:41.11
63 WEILNAU, Jaclyn	Harding	-	20:24.50	2:50.71	6:33.7	4:04.9	8:09.29	18:46.22
64 SOLANO, Rachel	Southern Arkansas	43	20:25.43	2:51.64	6:34.0	4:05.1	7:47.72	18:38.81
65 CALDWELL, Rachel	Arkansas Tech	-	20:26.86	2:53.07	6:34.5	4:05.4	8:04.70	18:47.66
66 GALVAN, Heidi	Henderson St.	44	20:30.18	2:56.39	6:35.6	4:06.0	8:10.56	18:47.95
67 RODGERS, Juliah	Harding	-	20:36.08	3:02.29	6:37.5	4:07.2	7:51.91	18:56.82
68 VASQUEZ, Ashlyn	Southeastern Oklah	45	20:43.59	3:09.80	6:39.9	4:08.7	8:16.25	19:05.37
69 ZINDLER, Ava	Southern Arkansas	46	20:45.28	3:11.49	6:40.4	4:09.1	8:20.04	19:02.00
70 MAST, Ella	Harding	-	20:47.63	3:13.84	6:41.2	4:09.5	8:20.38	19:02.55
71 STRANGE , Zoe	Oklahoma Baptist	-	20:47.96	3:14.17	6:41.3	4:09.6	8:04.30	19:02.18
72 MCELHANEY, Abby	Ouachita Baptist	-	20:50.04	3:16.25	6:41.9	4:10.0	8:19.82	19:10.64
73 MARTINEZ, Genevi	Southeastern Oklah	(47)	20:51.51	3:17.72	6:42.4	4:10.3	8:09.47	19:09.11
74 SNEAU, Collette	Ouachita Baptist	-	20:51.81	3:18.02	6:42.5	4:10.4	8:14.66	19:10.45

# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

### Race #1 WOMEN • 5 Kilometers (3.11 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~1900	~4500m
75 MCGLASSON, Alyzah	Southern Arkansas	48	20:53.31	3:19.52	6:43.0	4:10.7	8:08.14	19:05.02
76 ELMORE, Kaitlynn	Arkansas Tech	-	20:54.64	3:20.85	6:43.4	4:10.9	8:16.37	19:12.63
77 RUBIO, Afeni	Southern Nazarene	49	20:57.57	3:23.78	6:44.4	4:11.5	8:21.27	19:08.12
78 LONG-TORRES, Cadence	Northwestern Oklah	50	20:59.92	3:26.13	6:45.1	4:12.0	8:14.46	19:12.69
79 BLOCKER, Gracie	Ouachita Baptist	-	21:00.76	3:26.97	6:45.4	4:12.2	8:23.65	19:18.15
80 PAYNE, Emily	Ouachita Baptist	-	21:09.98	3:36.19	6:48.4	4:14.0	8:27.63	19:25.52
81 PATTERSON, Rylee	Ouachita Baptist	-	21:10.86	3:37.07	6:48.6	4:14.2	8:06.59	19:20.38
82 LYNCH, Isabel	Southern Nazarene	51	21:11.94	3:38.15	6:49.0	4:14.4	8:15.02	19:27.26
83 COBLENTZ, Sarah	Southeastern Oklah	(52)	21:14.22	3:40.43	6:49.7	4:14.8	8:23.03	19:32.82
84 RAWLINS, Annsley	Arkansas Tech	-	21:14.76	3:40.97	6:49.9	4:15.0	8:40.83	19:39.37
85 PROVENCE, Katelyn	Ouachita Baptist	-	21:18.68	3:44.89	6:51.2	4:15.7	8:21.84	19:34.94
86 SANDOVAL, Savannah	Southeastern Oklah	-	21:19.13	3:45.34	6:51.3	4:15.8	8:32.79	19:34.15
87 GOSDIN, Cantley	Southern Arkansas	53	21:23.99	3:50.20	6:52.9	4:16.8	8:24.40	19:34.84
88 WRIGHT, CASSIE	East Central	(54)	21:27.28	3:53.49	6:53.9	4:17.5	8:17.77	19:43.72
89 CARDENAS, Aereonna	Southeastern Oklah	-	21:31.37	3:57.58	6:55.2	4:18.3	8:21.84	19:40.90
90 GARCIA, Jasmin	Northwestern Oklah	55	21:33.62	3:59.83	6:56.0	4:18.7	8:29.71	19:54.11
91 CASTILAW, Emily	Ouachita Baptist	-	21:34.34	4:00.55	6:56.2	4:18.9	8:44.78	19:50.75
92 DOWNS, Lauryn	Southern Nazarene	56	21:34.55	4:00.76	6:56.3	4:18.9	8:31.80	19:46.73
93 GONZALES, Reina	Northwestern Oklah	57	21:34.71	4:00.92	6:56.3	4:18.9	8:37.09	19:55.47
94 REDMOND, Angel	Southern Arkansas	(58)	21:39.44	4:05.65	6:57.8	4:19.9	8:37.52	19:55.45
95 GREGORY, Maggie	Ouachita Baptist	-	21:47.27	4:13.48	7:00.3	4:21.5	8:25.25	19:53.65
96 BARRERA, Katherine	Ouachita Baptist	-	21:49.57	4:15.78	7:01.1	4:21.9	8:32.00	20:09.03
97 JENNINGS, Natalie	Henderson St.	59	21:50.76	4:16.97	7:01.5	4:22.2	8:39.17	20:03.90
98 FERGUSON, Delaney	Southwestern Okla	60	21:51.08	4:17.29	7:01.6	4:22.2	8:38.63	20:05.19
99 WOODY, Harley	Northwestern Oklah	61	21:51.69	4:17.90	7:01.8	4:22.3	8:45.57	20:10.35
100 RADKE, Madison	Southwestern Okla	62	21:51.95	4:18.16	7:01.8	4:22.4	8:24.69	20:07.71
101 SANCHEZ, Isabel	Southwestern Okla	63	21:53.97	4:20.18	7:02.5	4:22.8	8:21.28	20:11.58
102 STEWART, Amy	Harding	-	21:55.53	4:21.74	7:03.0	4:23.1	8:35.00	20:03.79
103 DORADO, Elizabeth	Northwestern Oklah	(64)	21:55.73	4:21.94	7:03.1	4:23.1	8:44.23	20:10.06
104 TRAMMELL, Karlee	Northwestern Oklah	(65)	21:57.73	4:23.94	7:03.7	4:23.5	8:41.47	20:12.03
105 HOLDER, Hailey	Southwestern Okla	66	21:59.17	4:25.38	7:04.2	4:23.8	8:34.25	20:09.92
106 FELLEGGY, Kendal	Southeastern Oklah	-	22:09.20	4:35.41	7:07.4	4:25.8	8:57.89	20:22.82
107 WATSON, Tiffany	Southern Nazarene	(67)	22:09.25	4:35.46	7:07.4	4:25.9	8:43.55	20:26.21
108 BAXLEY, Madelyn	Ouachita Baptist	-	22:11.05	4:37.26	7:08.0	4:26.2	8:48.96	20:22.35
109 CONLEY, Shayla	Ouachita Baptist	-	22:14.42	4:40.63	7:09.1	4:26.9	8:36.57	20:21.75
110 AARON, Audri	Harding	-	22:15.50	4:41.71	7:09.4	4:27.1	8:56.91	20:33.34
111 BAILEY, Hannah	Ouachita Baptist	-	22:18.77	4:44.98	7:10.5	4:27.8	8:49.04	20:28.46
112 DELGADO, Sydney	Ouachita Baptist	-	22:22.77	4:48.98	7:11.8	4:28.6	8:40.85	20:35.81
113 NAILLING, Nataly	Ouachita Baptist	-	22:26.52	4:52.73	7:13.0	4:29.3	8:46.56	20:35.44
114 FOSTER, Kate	Northwestern Oklah	-	22:31.23	4:57.44	7:14.5	4:30.2	8:52.01	20:38.18
115 WORKMAN, Madisan	Southwestern Okla	68	22:35.18	5:01.39	7:15.7	4:31.0	9:08.78	20:48.46
116 WILSON, Gina	Northwestern Oklah	-	22:43.76	5:09.97	7:18.5	4:32.8	8:52.02	20:49.10
117 FITE, Payten	Southwestern Okla	(69)	22:47.47	5:13.68	7:19.7	4:33.5	8:44.56	20:50.61
118 JONES, Darby	Ouachita Baptist	-	22:50.28	5:16.49	7:20.6	4:34.1	9:12.30	20:59.24
119 SHIELDNIGHT, Makenlee	Southwestern Okla	(70)	22:56.16	5:22.37	7:22.5	4:35.2	8:55.95	20:58.74
120 TORRES-FRANCO, Jamie	Northwestern Oklah	-	23:01.87	5:28.08	7:24.3	4:36.4	9:02.96	21:12.24

**2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS**

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

**MEET OFFICIALS**

Timing:

MacDonald Timing, LLC

**OFFICIAL MEET REPORT**

printed: 10/21/2023 1:31 PM

**Race #1  
WOMEN • 5 Kilometers (3.11 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~1900	~4500m
121 KING, Abbey	Southern Nazarene	(71)	23:07.33	5:33.54	7:26.1	4:37.5	9:09.55	21:11.28
122 DENMAN, Nadia	Ouachita Baptist	-	23:23.56	5:49.77	7:31.3	4:40.7	8:59.78	21:25.17
123 COMBS, Haley	Northwestern Oklah	-	23:27.95	5:54.16	7:32.7	4:41.6	8:57.38	21:28.96
124 CROUSE, Riley	Ouachita Baptist	-	23:30.90	5:57.11	7:33.7	4:42.2	9:21.02	21:24.12
125 GIDDENS, Jasmine	Henderson St.	72	23:48.11	6:14.32	7:39.2	4:45.6	9:18.75	21:50.42
126 HOWARD, Avery	Ouachita Baptist	-	23:52.76	6:18.97	7:40.7	4:46.6	9:31.46	22:01.50
127 GRAY, Ashley	Harding	-	23:54.19	6:20.40	7:41.2	4:46.8	9:44.55	22:03.53
128 WOMACK, Avery	Ouachita Baptist	-	24:04.88	6:31.09	7:44.6	4:49.0	9:37.10	22:02.67
129 BREZILLAC, Noelle	Southern Nazarene	-	24:26.34	6:52.55	7:51.5	4:53.3	9:12.34	22:28.60
130 PERRY, rebekah	Arkansas-Monticell	73	24:38.84	7:05.05	7:55.5	4:55.8	9:42.83	22:35.92
131 JENNINGS, Jessica	Ouachita Baptist	-	24:45.27	7:11.48	7:57.6	4:57.1	9:53.83	22:45.58
132 DUDDLESTON, Kate	Ouachita Baptist	-	24:52.24	7:18.45	7:59.8	4:58.4	9:45.12	22:37.66
133 SPOON, Lauren	Arkansas-Monticell	74	25:11.30	7:37.51	8:05.9	5:02.3	9:43.28	23:05.69
134 DAVIS, Ella Marie	Ouachita Baptist	-	25:13.87	7:40.08	8:06.8	5:02.8	9:51.65	23:12.43
135 TALAVERA, Kayhla	Northwestern Oklah	-	25:24.99	7:51.20	8:10.4	5:05.0	9:44.95	23:20.25
136 BROWN, J'aime	Southern Arkansas	(75)	25:56.20	8:22.41	8:20.4	5:11.2	9:56.90	23:43.53
137 WALLACE, BreAmber	Arkansas-Monticell	76	26:35.08	9:01.29	8:32.9	5:19.0	10:07.93	24:35.71
138 APODACA, Emmy	Arkansas-Monticell	77	27:03.45	9:29.66	8:42.0	5:24.7	10:10.23	24:35.65
139 MURCIA, Mariana	Henderson St.	78	27:11.61	9:37.82	8:44.6	5:26.3	10:47.26	24:42.23
140 WINTER, Lily	Henderson St.	79	28:52.63	11:18.8	9:17.1	5:46.5	11:13.26	26:23.58
141 CARAWAY, Olivia	Arkansas-Monticell	80	33:17.99	15:44.2	10:42.4	6:39.6	11:51.48	30:28.66

# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

**Race #2**  
**MEN • 8 Kilometers (4.97 Miles)**

# Final Results

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Avg.	Spread
1 East Central	15	1-2-3-4-5(7)(9)	24:04	0:23.1
2 Oklahoma Baptist	74	6-10-14-15-29(32)(42)	25:24	1:50.9
3 Harding	75	8-12-17-18-20(21)(22)	25:27	0:58.7
4 Ouachita Baptist	90	11-13-16-24-26(28)(31)	25:44	0:53.9
5 Northwestern Oklahoma	137	19-23-27-33-35(36)(37)	26:23	1:20.9
6 Southern Arkansas	170	25-30-34-40-41(44)(45)	26:55	1:23.6
7 Southern Nazarene	213	38-39-43-46-47(48)(49)	27:55	1:34.1
8 Arkansas-Monticello	260	50-51-52-53-54(55)	36:17	6:34.6

### INDIVIDUAL RESULTS

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~2240	~5840	~7500
1 KIPROB, Aspel	East Central	1	23:52.14	---	4:48.2	2:59.0	6:39.38	14:47.67	22:39.02
2 PKIACH, Amos	East Central	2	23:57.59	5.45	4:49.3	2:59.7	6:39.25	14:47.38	22:39.73
3 KIPKEMBOI, Peter	East Central	3	24:02.07	9.93	4:50.2	3:00.3	6:38.93	14:47.37	22:46.21
4 KORIR, Paul	East Central	4	24:11.91	19.77	4:52.1	3:01.5	6:38.41	14:47.38	22:54.15
5 KIPTOO, Oliver	East Central	5	24:15.21	23.07	4:52.8	3:01.9	6:38.96	14:47.72	22:55.27
6 WHEELER, Maxamillian	Oklahoma Baptist	6	24:26.72	34.58	4:55.1	3:03.3	6:38.94	14:47.64	23:08.89
7 IYALI, Michael	East Central	(7)	24:37.54	45.40	4:57.3	3:04.7	6:38.41	14:58.33	23:19.79
8 WALLING, Luke	Harding	8	24:48.77	56.63	4:59.6	3:06.1	6:38.91	14:55.96	23:29.35
9 KIPKEMBOI, Melvin	East Central	(9)	24:56.93	1:04.79	5:01.2	3:07.1	6:46.72	15:10.00	23:42.08
10 CRAYTON, Emory	Oklahoma Baptist	10	25:17.87	1:25.73	5:05.4	3:09.7	6:49.24	15:22.82	24:00.06
11 GREENWICH, Gabriel	Ouachita Baptist	11	25:18.70	1:26.56	5:05.6	3:09.8	6:47.45	15:23.34	24:03.36
12 DES BOSCS, Arnaud	Harding	12	25:19.47	1:27.33	5:05.7	3:09.9	6:42.54	15:17.23	24:02.29
13 LAWRENCE, Whit	Ouachita Baptist	13	25:21.82	1:29.68	5:06.2	3:10.2	6:47.08	15:20.08	24:02.07
14 KARDOKUS, Carson	Oklahoma Baptist	14	25:26.81	1:34.67	5:07.2	3:10.9	6:49.02	15:22.71	24:07.14
15 WILLIAMS, James	Oklahoma Baptist	15	25:30.67	1:38.53	5:08.0	3:11.3	6:49.06	15:23.50	24:11.85
16 DEW, Dylan	Ouachita Baptist	16	25:34.73	1:42.59	5:08.8	3:11.8	6:51.60	15:28.54	24:15.92
17 REED, Zach	Harding	17	25:37.91	1:45.77	5:09.4	3:12.2	6:49.34	15:22.91	24:15.09
18 INGALSBE, Matt	Harding	18	25:41.11	1:48.97	5:10.1	3:12.6	6:54.31	15:36.05	24:22.11
19 FRANKLIN, Christian	Northwestern Oklah	19	25:42.05	1:49.91	5:10.3	3:12.8	6:46.77	15:29.03	24:24.88
20 PERRY, Nathan	Harding	20	25:47.45	1:55.31	5:11.4	3:13.4	6:49.13	15:27.69	24:25.59
21 ALLEN, Tucker	Harding	(21)	25:49.21	1:57.07	5:11.7	3:13.7	6:58.26	15:40.67	24:28.64
22 PRUIM, Jackson	Harding	(22)	25:50.54	1:58.40	5:12.0	3:13.8	6:55.84	15:39.84	24:33.49
23 HERNDON, Riley	Northwestern Oklah	23	25:52.11	1:59.97	5:12.3	3:14.0	6:54.41	15:30.41	24:33.90
24 VALENTE, Tom	Harding	-	26:01.05	2:08.91	5:14.1	3:15.1	6:58.23	15:43.24	24:41.93
25 NORTON, MATTHEW	East Central	-	26:04.99	2:12.85	5:14.9	3:15.6	6:49.52	15:42.91	24:43.54
26 AXTELL, Brady	Harding	-	26:08.90	2:16.76	5:15.7	3:16.1	6:52.80	15:43.76	24:50.84
27 BECHO, Jaelen	Ouachita Baptist	24	26:09.10	2:16.96	5:15.7	3:16.1	7:02.41	15:53.65	24:50.91
28 MAXWELL, Wesley	Southern Arkansas	25	26:10.11	2:17.97	5:15.9	3:16.3	7:07.75	15:57.02	24:51.95
29 COBB, HARLEY	East Central	-	26:11.50	2:19.36	5:16.2	3:16.4	7:04.41	15:51.45	24:53.90
30 RODRIGUEZ, Joel	East Central	-	26:12.54	2:20.40	5:16.4	3:16.6	6:54.89	15:50.74	24:49.58
31 SWINDLE, Cade	Ouachita Baptist	26	26:12.56	2:20.42	5:16.4	3:16.6	6:47.43	15:39.01	24:55.25
32 IBRAHIM, Salat	Northwestern Oklah	27	26:13.12	2:20.98	5:16.5	3:16.6	7:00.56	15:54.38	24:51.30
33 ARMITAGE, Evan	Ouachita Baptist	(28)	26:15.25	2:23.11	5:17.0	3:16.9	7:04.04	15:57.73	24:55.66



# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

### Race #2 MEN • 8 Kilometers (4.97 Miles)

## Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~2240	~5840	~7500
34 KIPLAGAT, Rogers	Oklahoma Baptist	29	26:17.54	2:25.40	5:17.4	3:17.2	6:42.38	15:31.76	24:49.48
35 DIAZ, Giovanni	Southern Arkansas	30	26:21.45	2:29.31	5:18.2	3:17.7	7:00.12	15:54.93	24:58.04
36 EMBREY, Noah	Ouachita Baptist	(31)	26:22.33	2:30.19	5:18.4	3:17.8	6:46.99	15:48.18	25:02.70
37 BANKS, Ethan	Oklahoma Baptist	(32)	26:34.42	2:42.28	5:20.8	3:19.3	6:51.80	15:45.82	25:16.12
38 SANDERS, Lawson	Ouachita Baptist	-	26:43.02	2:50.88	5:22.5	3:20.4	6:51.49	15:54.69	25:19.28
39 HARSH, Colton	Harding	-	26:46.38	2:54.24	5:23.2	3:20.8	7:06.04	16:10.09	25:27.88
40 STACKS, Tate	Ouachita Baptist	-	26:47.12	2:54.98	5:23.4	3:20.9	7:08.41	16:19.00	25:28.35
41 WELLS, Aidan	East Central	-	26:47.94	2:55.80	5:23.5	3:21.0	6:59.51	16:02.34	25:32.90
42 FOUND, Elias	Ouachita Baptist	-	26:49.26	2:57.12	5:23.8	3:21.2	7:03.09	16:11.24	25:33.28
43 MCCARN, Ryan	Harding	-	26:56.42	3:04.28	5:25.2	3:22.1	7:10.03	16:16.23	25:34.90
44 GUSTIN, AJ	East Central	-	26:57.40	3:05.26	5:25.4	3:22.2	7:13.99	16:25.42	25:40.28
45 GARCIA, JORDAN	East Central	-	26:59.78	3:07.64	5:25.9	3:22.5	6:59.05	16:03.55	25:35.52
46 ADOLPHUS, Brandon	Northwestern Oklah	33	27:00.32	3:08.18	5:26.0	3:22.5	7:01.35	16:17.76	25:39.71
47 PATTON, Charles	Southern Arkansas	34	27:02.57	3:10.43	5:26.5	3:22.8	7:09.61	16:21.31	25:43.87
48 ROBLEDO-GONZALEZ, Edw	Northwestern Oklah	35	27:02.86	3:10.72	5:26.5	3:22.9	7:02.80	16:16.94	25:39.43
49 MEDRANO, Aaron	Northwestern Oklah	(36)	27:04.94	3:12.80	5:26.9	3:23.1	7:16.58	16:27.35	25:41.17
50 COX, Zachary	Northwestern Oklah	(37)	27:06.10	3:13.96	5:27.2	3:23.3	6:57.45	16:20.98	25:42.31
51 TIBBS, Josh	Ouachita Baptist	-	27:10.27	3:18.13	5:28.0	3:23.8	7:02.30	16:13.18	25:43.88
52 RAMIREZ, William	Southern Nazarene	38	27:14.18	3:22.04	5:28.8	3:24.3	7:12.17	16:22.02	25:46.90
53 CHAPARRO, Kayden	Southern Nazarene	39	27:23.33	3:31.19	5:30.6	3:25.4	7:26.08	16:46.29	25:59.66
54 LARES, Alan	Northwestern Oklah	-	27:24.11	3:31.97	5:30.8	3:25.5	7:11.30	16:31.42	26:02.78
55 SANCHEZ, Jorge	Southern Arkansas	40	27:26.69	3:34.55	5:31.3	3:25.8	7:14.04	16:30.54	25:59.39
56 REYES, Edgar	Northwestern Oklah	-	27:31.54	3:39.40	5:32.3	3:26.4	7:12.27	16:32.27	26:08.78
57 ESCOBAR, Brandon	Southern Arkansas	41	27:33.66	3:41.52	5:32.7	3:26.7	7:14.11	16:36.31	26:14.73
58 CHILDS, CONNOR	East Central	-	27:34.43	3:42.29	5:32.9	3:26.8	7:19.31	16:39.56	26:11.07
59 MILLER, Nathan	Ouachita Baptist	-	27:37.08	3:44.94	5:33.4	3:27.1	7:12.35	16:37.66	26:16.93
60 TURNER, Peter	Oklahoma Baptist	(42)	27:40.15	3:48.01	5:34.0	3:27.5	7:13.32	16:34.59	26:15.93
61 PONCE, Daniel	Southern Nazarene	43	27:42.89	3:50.75	5:34.6	3:27.9	7:24.32	16:46.13	26:16.29
62 GASS, Isaac	Southern Arkansas	(44)	27:43.92	3:51.78	5:34.8	3:28.0	7:13.05	16:35.42	26:23.25
63 ATUKWATSE, Crispus	Northwestern Oklah	-	27:44.12	3:51.98	5:34.8	3:28.0	7:10.96	16:41.14	26:21.01
64 GARAY, Joseph	Southern Arkansas	(45)	27:46.75	3:54.61	5:35.4	3:28.3	7:19.04	16:50.29	26:23.14
65 KRATZ, Christian	Ouachita Baptist	-	27:47.99	3:55.85	5:35.6	3:28.5	7:12.14	16:38.78	26:25.68
66 KEARSE, Josh	Oklahoma Baptist	-	28:01.53	4:09.39	5:38.3	3:30.2	7:09.49	16:38.77	26:30.77
67 SUIED, Basheer	Northwestern Oklah	-	28:04.16	4:12.02	5:38.9	3:30.5	7:24.00	17:02.82	26:43.38
68 UC, Joseph	Southern Arkansas	-	28:09.82	4:17.68	5:40.0	3:31.2	7:16.00	16:53.00	26:45.25
69 VANCE, LADON	East Central	-	28:11.34	4:19.20	5:40.3	3:31.4	7:24.18	16:57.65	26:49.69
70 STEPHENSON, Maverick	East Central	-	28:11.51	4:19.37	5:40.3	3:31.4	7:12.77	16:52.04	26:52.09
71 SMITH, Jeremy	Northwestern Oklah	-	28:12.56	4:20.42	5:40.6	3:31.6	7:06.82	16:38.40	26:44.21
72 BRYANT, Drew	Ouachita Baptist	-	28:18.85	4:26.71	5:41.8	3:32.4	7:23.15	17:00.53	26:56.90
73 SCIBA, Mason	Harding	-	28:18.91	4:26.77	5:41.8	3:32.4	7:07.63	16:39.20	26:50.01
74 WOOD, ZANDER	East Central	-	28:19.91	4:27.77	5:42.0	3:32.5	7:05.25	16:56.03	26:56.10
75 MILLER, Austin	Southern Nazarene	46	28:21.50	4:29.36	5:42.4	3:32.7	7:26.50	17:07.91	26:58.30
76 MARTIN, Cade	Ouachita Baptist	-	28:26.40	4:34.26	5:43.3	3:33.3	7:25.41	17:01.94	26:58.83
77 CAMPNEY, Tiag	Harding	-	28:27.94	4:35.80	5:43.6	3:33.5	7:37.41	17:20.99	27:10.37
78 CIESLA, Gavin	Ouachita Baptist	-	28:28.44	4:36.30	5:43.8	3:33.6	7:26.58	17:04.61	27:00.85
79 WOOD, Jacob	Harding	-	28:28.76	4:36.62	5:43.8	3:33.6	7:37.94	17:20.80	27:10.51

# 2023 GREAT AMERICAN CONFERENCE CROSS COUNTRY CHAMPIONSHIPS

Russellville, AR

Arkansas Tech CC Course

Host: Arkansas Tech University

Saturday, October 21, 2023

## MEET OFFICIALS

Timing:

MacDonald Timing, LLC



OFFICIAL MEET REPORT

printed: 10/21/2023 1:31 PM

**Race #2**  
**MEN • 8 Kilometers (4.97 Miles)**

# Final Results

### INDIVIDUAL RESULTS (cont'd)

Athlete	Team	Score	Time	Gap	Avg. Mile	Avg. km	~2240	~5840	~7500
80 BROCK, Collin	Harding	-	28:37.35	4:45.21	5:45.5	3:34.7	7:52.53	17:33.39	27:18.18
81 CHUNN, Caleb	Harding	-	28:38.31	4:46.17	5:45.7	3:34.8	7:38.78	17:20.33	27:17.90
82 GATES, Logan	Ouachita Baptist	-	28:43.52	4:51.38	5:46.8	3:35.4	7:25.20	17:22.11	27:23.07
83 JAMES, Brayden	Ouachita Baptist	-	28:45.59	4:53.45	5:47.2	3:35.7	7:23.53	17:13.74	27:20.00
84 HAYNES, Joel	Southern Nazarene	47	28:48.19	4:56.05	5:47.7	3:36.0	7:26.46	16:59.58	27:25.81
85 PARKER, Michael	Oklahoma Baptist	-	28:48.29	4:56.15	5:47.7	3:36.0	7:13.01	16:47.55	27:19.97
86 SUIED, Muneer	Northwestern Oklah	-	28:57.78	5:05.64	5:49.7	3:37.2	7:25.88	16:57.68	27:40.40
87 HANSEN, Parker	Harding	-	28:59.40	5:07.26	5:50.0	3:37.4	7:52.74	17:33.85	27:30.55
88 MORFIN, Benjamin	Northwestern Oklah	-	28:59.90	5:07.76	5:50.1	3:37.5	7:18.77	17:11.76	27:41.00
89 ZETTS, Noah	Ouachita Baptist	-	29:03.84	5:11.70	5:50.9	3:38.0	7:26.29	17:31.01	27:40.72
90 HAWKINS, Brit	Ouachita Baptist	-	29:06.56	5:14.42	5:51.4	3:38.3	7:26.00	17:31.59	27:40.46
91 JAMES, Barrett	Ouachita Baptist	-	29:11.67	5:19.53	5:52.4	3:39.0	7:29.82	17:29.83	27:41.95
92 GAMAS, David	Southern Nazarene	(48)	29:13.64	5:21.50	5:52.8	3:39.2	7:57.14	17:49.38	27:46.56
93 HUMPHREY, Jacob	Southern Nazarene	(49)	29:19.24	5:27.10	5:54.0	3:39.9	7:38.83	17:44.10	27:55.10
94 MEEKS, Micah	Ouachita Baptist	-	29:20.65	5:28.51	5:54.3	3:40.1	7:43.51	17:44.10	27:50.92
95 COLE, Neal	Ouachita Baptist	-	29:24.02	5:31.88	5:54.9	3:40.5	7:37.41	17:34.01	27:51.74
96 BELLIS, Hunter	Northwestern Oklah	-	29:29.30	5:37.16	5:56.0	3:41.2	7:15.81	17:21.43	27:55.20
97 JOHNSON, Chase	Harding	-	29:32.30	5:40.16	5:56.6	3:41.5	7:52.49	17:48.94	28:06.01
98 ROBERTSON, JOSHUA	East Central	-	29:40.67	5:48.53	5:58.3	3:42.6	7:44.45	17:47.67	28:06.42
99 ZACHARY, Woods	Southern Nazarene	-	29:56.20	6:04.06	6:01.4	3:44.5	7:44.18	17:48.47	28:20.83
100 HICKS, Trey	Ouachita Baptist	-	30:06.04	6:13.90	6:03.4	3:45.8	7:33.27	17:50.31	28:33.62
101 OHRN, Andrew	Ouachita Baptist	-	30:20.34	6:28.20	6:06.3	3:47.5	7:45.76	18:12.55	28:48.41
102 RUVALCABA, Jordan	Southern Nazarene	-	30:26.36	6:34.22	6:07.5	3:48.3	7:44.86	18:11.91	28:51.52
103 HOWERTON, Keith	Southern Nazarene	-	30:31.10	6:38.96	6:08.4	3:48.9	7:43.23	18:02.40	29:03.93
104 WIGGINTON, Zachary	Ouachita Baptist	-	30:37.23	6:45.09	6:09.7	3:49.7	7:45.42	18:12.82	29:04.30
105 BLOYED, ELIJAH	East Central	-	30:46.45	6:54.31	6:11.5	3:50.8	7:58.81	18:31.89	29:16.56
106 GREEN, Dennis	Southern Nazarene	-	31:15.48	7:23.34	6:17.4	3:54.4	7:34.65	18:15.37	29:32.04
107 MIJARES, Ricardo	East Central	-	31:20.02	7:27.88	6:18.3	3:55.0	7:57.37	18:38.85	29:43.56
108 NORVELL, Dakota	Southern Nazarene	-	31:22.29	7:30.15	6:18.7	3:55.3	8:06.11	18:39.57	29:33.82
109 FERNANDEZ, gilberto	Arkansas-Monticell	50	32:46.66	8:54.52	6:35.7	4:05.8	8:18.70	19:28.07	30:51.54
110 COOPER, Donovan	Arkansas-Monticell	51	33:41.63	9:49.49	6:46.8	4:12.7	8:18.29	20:17.61	31:52.21
111 BOSTIAN, Sam	Arkansas-Monticell	52	37:43.28	13:51.1	7:35.4	4:42.9	8:59.99	21:37.02	35:36.96
112 RHODES, Cam	Arkansas-Monticell	53	37:48.26	13:56.1	7:36.4	4:43.5	9:00.65	21:48.58	35:38.04
113 GLOVER, kyle	Arkansas-Monticell	54	39:21.18	15:29.0	7:55.1	4:55.1	9:52.22	23:11.55	37:15.45
114 JOHNSON, Tyler	Arkansas-Monticell	(55)	44:56.60	21:04.4	9:02.6	5:37.1	11:03.38	27:07.56	42:42.35